



Are you, or someone you know being abused, hurt or exploited?

Call Harrow's Safeguarding Adults Co-ordinator on:

020 8420 9453

during office hours or:

020 8424 0999

at all other times

www.harrow.gov.uk/pova



Dulminta Dadka waaweyn - Jebinta Aamusnaanta

Soo qudbi

Dulmintu waxay noqon kartaa mid jidheed, galmo, dhaqaale, maskaxeed, takoorid ama dayicid

Maamulka Degmada ee Harrow iyo iskaashatadeeda

U heelan Badbaado-ilaalinta Dadka waaweyn

Miyaa adiga ama qof aad taqaano lagu hayaa dulmin, waxyeelo ama dhagar lagu sameeyaa?

Ka wac Iskuduwaha Badbaado-ilaalinta Dadka waaweyn ee Harrow (Harrow's Safeguarding Adults Co-ordinator) telefoonka:

020 8420 9453

saacadaha xafiisyadu furan yihiin, ama:

020 8424 0999

xiliyada kale oo dhen

**Adult abuse - break the silence
REPORT IT**

Abuse can be physical, sexual, financial, psychological, discriminatory or neglect

