





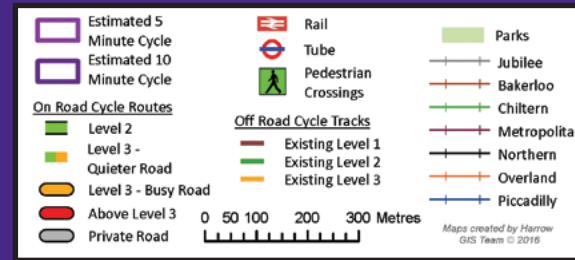
## Bikeability

Bikeability is a cycle training programme designed to improve cycling skills and confidence. There are three Bikeability levels, designed to help trainees with the basics of balance and control, all the way to planning and making independent journeys on busier roads.

The roads are colour coded to show how suitable they are for cyclists of different Bikeability levels.

The grading was correct as of January 2016 and is subject to change. This map is advisory only and individuals travel at their own risk.

"With thanks to pupils at Belmont, Grimsdyke, Norbury and Vaughn Primary schools for the photos and illustrations."



## Travel to Earlsmead Primary School

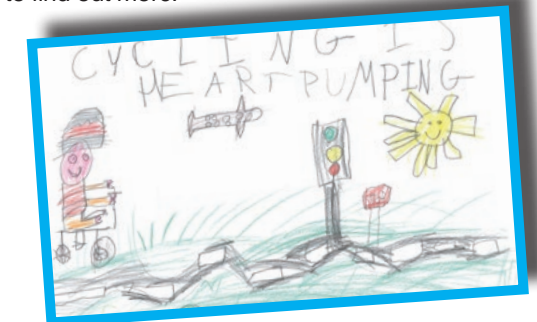


### Cycling map – Bikeability levels

This map will help you plan a route to cycle to school based on your Bikeability and confidence levels.

#### Cycling to school

Cycling is a fun, fast and free way to travel and exercise. Free cycle training is available in Harrow for children and adults. Speak to your school or visit [www.harrow.gov.uk/cycling](http://www.harrow.gov.uk/cycling) to find out more.



#### Contact details

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