

Dear Parent / Carer,

Winter readiness / flu

We know that for most of you your child will be up to date with all their vaccinations (immunisations). Thank you, as this not only protects your child from several contagious and potentially serious diseases but also protects vulnerable members of your family and our community. As your child is home-schooled, we would like to give you the opportunity to ask for your child to get vaccinated.

For the upcoming winter season, it is particularly important for your child to get the influenza (flu) vaccine to protect them and the wider community as COVID-19 is still circulating.

Please contact the school-aged immunisation service to make an appointment for your child. You can contact the service by phone or email:

Landline: 020 8102 6333 ; Mobile: 07814253095

Email: CLCHT.harrowimmunisationteam@nhs.net

Childhood Immunisation schedule:

Childhood Immunisation schedule	
Age	Vaccine
8 weeks	6-in-1 vaccine (1 st dose) Rotavirus vaccine (1 st dose) MenB (1 st dose)
12 weeks	6-in-1 vaccine (2 nd dose) Pneumococcal (PCV) vaccine Rotavirus vaccine (2 nd dose)
16 weeks	6-in-1 vaccine (3 rd dose) MenB (2 nd dose)
1 year	Hib/MenC (1 st dose) Pneumococcal (PCV) vaccine (2 nd dose) MMR (1 st dose) MenB (3 rd dose)
2 years to 15 years	Flu vaccine (each year from September)
3 years to 4 months	MMR (2 nd dose) 4-in-1 pre-school booster
12 to 13 years	HPV vaccine (for boys and girls)
14 years	3-in-1 teenage booster MenACWY

The flu nasal vaccine contains a processed form of gelatine (porcine gelatine), which is used in a range of essential medicines. The gelatine helps to keep the vaccine stable, so that the vaccine can provide the best protection against flu. If your child is at high risk from

NHS guides as to why flu vaccinations are important:

- https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/999276/PHE_protecting_your_child_against_flu_leaflet_information_for_parents.pdf
- https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1005123/PHE_12053_flu_vaccination_2021_2022_leaflet.pdf

flu because of one or more medical conditions or treatments and cannot have the nasal flu vaccine, they should have the injected flu vaccine. If you do not accept the use of porcine gelatine in medical products, you should discuss your options with your nurse or doctor.

All London general practices have adapted their delivery of vaccinations to ensure that they are safely vaccinating children in COVID-19 secure venues infection control measures in place. For a checklist of the vaccines visit www.nhs.uk/vaccinations

Please note: The arrangements for flu vaccination are separate from the Covid-19 vaccine for 12-15 year olds. Communication for the Covid-19 vaccine and subsequent pop up clinics are being sent separately to the advice regarding the flu vaccine

Yours faithfully,

A handwritten signature in black ink, appearing to read 'Carole Furlong', written in a cursive style.

Carole Furlong
Director of Public Health

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flu: 5 reasons to vaccinate your child



1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit
www.nhs.uk/child-flu

Flu  mmunisation

Helping to protect children, every winter

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