

Timetable

Early Help & Support

Family Hubs

0 – 19 / 25 years

Small Steps, Lasting Change



Cedars Hub

020 8736 6222

Hillview Hub

020 8422 4692

Wealdstone Hub

020 8416 8667

Early Support is a free service available to all those living in Harrow. (Including NRPF)

Early Support groups are drop in unless stated otherwise.

Check out the timetable to see what sessions you can drop in to!

You will still need to call & book into some sessions so please do double check the timetable.

Please note numbers are limited to keep us all safe!

★ New Look timetable ★

Thank you to the families that shared feedback around the timetable format we have listened to what was said & designed a new look timetable – it may take some time to get used to however we hope over time it makes it easier for families to get the information they need about services they want to access – we will continue to review & improve.

Hub details

Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 0LW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:



www.facebook.com/harrowcc

Prenatal – Crawlers- 18 months			
Venue	Group	Time	Dates
Cedars Whittlesea Road Harrow, HA3 6LS 020 8736 6222	Babbling Babies 0-18 months	Drop in 9.30 – 11 am	Every Monday from 09 September 2024 to 28 October 2024
Cedars Whittlesea Road Harrow , HA3 6LS 020 8736 6222	PAFT baby Group 0 - crawlers	10 – 11am	Wednesday 04 September 2024 Wednesday 11 September 2024 Wednesday 25 September 2024 Wednesday 02 October 2024 Wednesday 09 October 2024 Wednesday 16 October 2024 Wednesday 23 October 2024
Chandos Chandos Crescent Edgware, HA8 6HL 020 8736 6550	Sensory Baby group Crawlers – 18 months	10-11.30am	Every Tuesday from Tuesday 10 September 2024 to Tuesday 29 October 2024
Pinner Centre Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	PAFT 0- Crawlers	10 – 11.30am	Every Thursday from Thursday 12 September 2024 to Thursday 31 October 2024
Stanmore Park William Drive, Stanmore, HA7 4FZ 020 8736 6480	PAFT baby group - womb to world Prenatal - crawlers	10-11.30am	Every Friday from Friday 06 September 2024 to Friday 01 November 2024
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 84224692	Baby Stay and play (birth – 18 months)	9.30 - 10.30am Or 11:15am – 12:15 pm Please only attend one group	Every Wednesday from Wednesday 11 September 2024 to Wednesday 30 October 2024
Gange 68 Canning Road, Wealdstone, HA3 7SN 0208 427 0134	Baby stay and play (birth – 18 months)	11am – 12pm	Every Thursday from Thursday 05 September 2024 to Thursday 31 October 2024
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	Sensory play (birth- crawlers)	10-11am	Thursday 05 September 2024 Thursday 12 September 2024 Thursday 3 October 2024 Thursday 10 October 2024 Thursday 17 October 2024 Thursday 24 October 2024 Thursday 31 October 2024
Elmgrove Kenmore Avenue, Kenton HA3 8LU	Sensory Play (birth – crawlers)	10 – 11am	Every Friday from Friday 06 September 2024 to Friday 25 October 2024

Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	Baby massage 2- 7 months	10am -12pm	Tuesday 01 October – Tuesday 22 October CALL TO BOOK
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Weaning workshop is recommended from 4.5 - 5 months to get the information you need before you introduce foods.

The weaning party is for babies over 6 months. You will get an opportunity to try finger foods, and home cooked, vegetarian foods. We don't offer puree at the weaning party, so baby can quickly get used to trying soft, textured food.

The specialist weaning party is for babies and toddlers 10-30 months, who are struggling to move on with tastes and textures and eating solid food.

Infant feeding & Weaning			
Venue	Group	Time	Dates
Cedars Whittlesea Road Harrow, HA3 6LS 020 8736 6222	Weaning Workshop Virtual – book via Cedars	12 – 1pm	Tuesday 10 September 2024 Tuesday 8 October 2024 Tuesday 12 November 2024
Cedars	Weaning Party Book via Cedars	2 – 3pm	Wednesday 25 September 2024 Wednesday 23 October 2024 Wednesday 27 November 2024
Cedars	Saturday weaning party	10 - 11am	Saturday 14 September 2024 Saturday 12 October 2024 Saturday 16 November 2024
Cedars	Specialist weaning/ feeding party	1 – 2pm	Friday 04 October 2024

0 – 5 years (siblings welcome during October half term)

Venue	Group	Time	Dates
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Stories & Rhyme Time	1 – 2pm	Monday 09 September 2024 Monday 23 September 2024 Monday 07 October 2024 Monday 21 October 2024
	Let’s Get Physical	10-11.30am	Tuesday 17 September 2024 Tuesday 01 October 2024 Tuesday 15 October 2024
	Sensory Play With Sensory room	1-2.30pm	Every Tuesday from Tuesday 03 September 2024 to Tuesday 22 October 2024
	Learning through Play	1.30– 3 pm	Every Thursday from Thursday 05 September 2024 to Thursday 24 October 2024 <u>with fussy eating advice on 17 October 2024</u>
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Outdoor Play – little adventurers	10.30 – 11.30am	Friday 06 September 2024 Friday 13 September 2024 Friday 20 September 2024 Friday 27 September 2024 Friday 11 October 2024 Friday 25 October 2024
Chandos Chandos Crescent Edgware, HA8 6HL 020 8736 6550	Making Music	10 – 11am	Monday 07 October 2024 Monday 14 October 2024 Monday 21 October 2024 Monday 28 October 2024
	Learning through Play	1 – 2.30pm	Monday 09 September 2024 Monday 16 September 2024 Monday 23 September 2024 Monday 30 September 2024
	Fun with Numbers	10-11.30am	Wednesday 02 October 2024 Wednesday 16 October 2024 Wednesday 30 October 2024
	Stay & Play -pre-writing skills	10-11.30am	Wednesday 25 September 2024
Pinner Centre Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Stories & Rhyme time	1 – 2pm	Monday 16 September 2024 Monday 30 September 2024 Monday 14 October 2024 Monday 28 October 2024
	Parents as First Teachers Birth-3 years	10-11.30am	Tuesday 10 September 2024 Tuesday 24 September 2024
	PAFT Toddler group <u>With toilet learning advice</u>	1-2.30pm	Tuesday 03 September 2024 <u>Tuesday 10 September 2024</u>

			Tuesday 24 September 2024
	Learning through Play	10-11.30am	Wednesday 11 September 2024 Wednesday 25 September 2024 Wednesday 02 October 2024 Wednesday 09 October 2024 Wednesday 23 October 2024 Wednesday 30 October 2024
	Imagine & Play	1 – 2.30pm	Every Wednesday starting on Wednesday 18 September To Wednesday 30 October
Stanmore Park William Drive, Stanmore, HA7 4FZ	Toddler group	10-11.30am	Monday 23 September 2024 Monday 30 September 2024
	Stories come alive	1 – 2.30pm	Monday 07 October 2024 Monday 14 October 2024 Monday 21 October 2024 Monday 28 October 2024
	Let's Get Physical	10-11.30am	Tuesday 24 September 2024 Tuesday 08 October 2024 Tuesday 22 October 2024
	Imagine & Play	1 – 2.30pm	Every Tuesday starting from 10 September 2024 to Tuesday 29 October 2024
	Healthy Living stay & Play	1- 2.30pm	Every Wednesday from Wednesday 04 September 2024 to Wednesday 30 October 2024
Whitefriars Whitefriars Avenue, Wealdstone HA3 5RQ 020 8424 1066	Childminders Group For local registered childminders & the children they care for	9.30-11.30am	Thursdays Term time only
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 84224692	Stories Come alive	1-2:30pm	Every Monday from Monday 09 September 2024 to Monday 28 October 2024
	Let's get physical	10-11am	Tuesday 29 October 2024
	Sensory play	1:30-2:30pm	Every Wednesday from Wednesday 11 September to Wednesday 30 October 2024

<p>Hillview 2 Grange Road, South Harrow, HA2 0LW 020 84224692</p>	<p>Learning through play - With Educational Psychologist advice on the 19 Sept and 17 Oct 2024</p>	<p>10 – 11:30am</p>	<p>Every Thursday from Thursday 05 September 2024 to Thursday 31 October 2024</p>
	<p>Let's get physical</p>	<p>10-11am</p>	<p>Every Friday from Friday 06 September 2024 To Friday 25 October 2024</p>
	<p>Messy play</p>	<p>10-11.30am</p>	<p>Friday 1 November 2024</p>
<p>Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400</p>	<p>Homestart Home from Home group</p>	<p>10am -12pm Or 1-3pm (Please only attend one)</p>	<p>Every Monday from Monday 09 September 2024 to Monday 28 October 2024</p>
	<p>Stories come alive</p>	<p>1:30-2:30pm</p>	<p>Every Tuesday from Tuesday 10 September 2024 to Tuesday 29 October 2024</p>
	<p>Learning through play</p>	<p>1:30-2:30pm</p>	<p>Every Wednesday from Wednesday 11 September 2024 to Wednesday 30 October 2024</p>
<p>Gange 68 Canning Road Wealdstone HA3 7SN 020 8427 0134</p>	<p>Sensory play</p>	<p>1-2:30pm</p>	<p>Every Monday from Monday 9 September 2024 to Monday 21 October 2024</p>
	<p>Let's get physical</p>	<p>10-11am</p>	<p>Tuesday 10 September 2024 Tuesday 17 September 2024 Tuesday 01 October 2024 Tuesday 08 October 2024 Tuesday 15 October 2024 Tuesday 22 October 2024</p>
	<p>Learning through play</p>	<p>1-2.30pm</p>	<p>Tuesday 10 September 2024 Tuesday 17 September 2024 Tuesday 1 October 2024 Tuesday 8 October 2024 Tuesday 15 October 2024 Tuesday 22 October 2024</p>

<p>Gange 68 Canning Road Wealdstone HA3 7SN 020 8427 0134</p>	Messy play	10-11:30	Tuesday 29 October 2024
	Fun with science	1.30 - 2:30pm	Tuesday 29 October 2024
	Stories come alive	10-11:30am	Every Wednesday from Wednesday 11 September 2024 to Wednesday 30 October 2024
<p>Elmgrove Kenmore Ave Kenton HA38LU 0208 9074941</p>	Explore and learn	2-3pm	Every Thursday from Thursday 05 September to Thursday 24 October 2024
	Stories come alive	1-2pm	Every Friday from Friday 06 September 2024 to Friday 25 October 2024
Learn Harrow			
Venue	Group	Time	Dates
Cedars	<p>Find your Voice 0 – 5 years BOOKED PLACES – CALL TO BOOK</p>	10.30 – 11.30am	Tuesday 03 September 2024 Tuesday 10 September 2024
Hillview	<p>Find your Voice 0 – 5 years BOOKED PLACES – CALL TO BOOK</p>	1.30 - 2.30pm	Tuesday 03 September 2024 Tuesday 10 September 2024
<p>Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460</p>	<p>Baby massage 2- 7 months</p>	10am -12pm	Tuesday 01 October – Tuesday 22 October CALL TO BOOK

**Speech & Language Focused Groups for 18 months +
(siblings welcome in school holidays)**

Venue	Group	Time	Dates
Cedars Whittlesea Road, Harrow HA3 6LS 020 8736 6222	TALK & Play With Speech Therapist advice on 26 September 2024 With Educational Psychologist advice on 03 October 2024	10 – 11am	Every Thursday from Thursday 05 September 2024 to Thursday 24 October 2024
Chandos Chandos Crescent Edgware, HA8 6HL 020 8736 6550	TALK & Play With Speech Therapist advice on 23 September 2024	10 – 11am	Monday 09 September 2024 Monday 16 September 2024 Monday 23 September 2024 Monday 30 September 2024
Pinner Centre Chapel Lane Car Park Pinner ,HA5 1AA 020 8424 1460	TALK & Play	10 – 11am	Tuesday 03 September 2024 Tuesday 24 September 2024 Tuesday 01 October 2024
Stanmore Park William Drive, Stanmore, HA7 4FZ020 8736 6480	TALK & Play With Speech Therapist advice on 25 September 2024	10 – 11am	Wednesday 04 September 2024 Wednesday 11 September 2024 Wednesday 25 September 2024 Wednesday 02 October 2024 Wednesday 09 October 2024 Wednesday 16 October 2024 Wednesday 23 October 2024
Gange 68 Canning Road Wealdstone HA3 7SN	Talk & Play With speech therapist advice on 11 October 2024	9.30-10.30am	From Friday 06 September 2024 To Friday 11 October 2024

Special Educational Needs – Support and services

Venue	Group	Time	Dates
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Sensory Room slots Birth – 5 years For children with sensory needs, children on the journey to diagnoses or have a	PM	Wednesday 04 September 2024 Wednesday 18 September 2024 Wednesday 02 October 2024 Wednesday 16 October 2024

	diagnosis of SEND - Call to book a slot		
Cedars Whittlesea Road Harrow, HA3 6LS 020 8736 6222	Specialist Weaning party- For babies /toddlers 10-30 months struggling with eating solid foods	1-2pm	Friday 4 October 2024
Stanmore Park William Drive, Stanmore HA7 4FZ 020 8736 6480	SEND Special Play times STAY & PLAY With sensory room For all parents and children on the journey to or with a diagnosis of special needs	9.30 – 11.30am	Tuesday 17 September 2024 Tuesday 15 October 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	S.E.N.D toilet learning workshop Virtual or face to face	9.30-11am	Friday 11 October 2024
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	S.E.N.D Challenging Behaviour workshop Virtual	1-2.30pm	17 September 2024

2-year-Old Health & Development Checks or Transitional Checks			
Venue	Group	Time	Dates
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Development & Health Checks	Various slots through the day - please ring to book	Monday 16 September 2024 Monday 23 September 2024 Monday 30 September 2024 Monday 07 October 2024 Monday 14 October 2024 Monday 21 October 2024

Workshops / Parenting Advice			
Venue	Group	Time	Dates
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Parenting advice appointments (Virtual / face to face) Please ring to book	8am – 12.30pm	Wednesday 04 September 2024 Wednesday 25 September 2024 Wednesday 02 October 2024 Wednesday 09 October 2024 Wednesday 23 October 2024
Gange	Parenting advice appointments (Virtual / face to face) Please ring to book	1-4pm	Friday 13 September 2024 Friday 27 September 2024 Friday 11 October 2024 Friday 25 October 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Challenging behaviour workshop 4-9 years		Monday 30 September 2024
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Challenging behaviour workshop 4-9 years Virtual	1-2.30pm	Thursday 17 October 2024
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	S.E.N.D Challenging Behaviour workshop Virtual	1-2.30pm	17 September 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	S.E.N.D Toilet learning workshop Virtual and face to face	9.30-11am	Friday 11 October 2024
Pre-school age children	Speech therapist visiting Talk & Play groups- see timetable for dates		
Under 5's	Educational Psychologist visiting groups – see timetable for dates		

Parenting advice sessions through Groups			
Venue	Group	Time	Date
Kenmore	Stories Come Alive Including Toilet learning advice	1.30-2.30pm	Tuesday 10 September 2024
Hillview	Stories Come Alive Including healthy eating advice	1.30-2:30pm	Monday 09 September 2024

Pinner Centre Chapel Lane Car Park Pinner HA5 1AA	PAFT toddler group Including toilet learning advice	1 - 2.30pm	Tuesday 10 September 2024
Elmgrove	Stories Come Alive Including Toilet learning advice	1-2pm	Friday 20 September 2024
Kenmore	Stories Come Alive Including healthy eating advice	1:30-2:30pm	Tuesday 24 September 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Learning through Play Including healthy eating advice	1.30 – 2.30pm	Thursday 17 October 2024

Partner Delivery Services			
Venue	Group	Time	Dates
Kenmore Park	Baby Feeding Group	12 – 2.30pm	Thursday 05 September 2024 To Thursday 31 October 2024
Hillview	Blossom Baby Massage https://www.blossomantenatal.com/harrow-baby-massage bookings	1-2.30pm	Friday 6 September 2024 To Friday 13 September 2024
Hillview	Blossom Antenatal	1 –3pm	TBC
Gange	Health Visitor clinic Drop in	9.30 - 11.30	Monday 02 September 2024 to Monday 28 October 2024
Kenmore Park	Health Visitor clinic Drop in	9:30-11:30am	Tuesday 03 September 2024 To Tuesday 29 October 2024
Cedars	Health Visitors Clinic	9.30 – 11.30am	Thursday 05 September 2024 To Thursday 31 October 2024
Hillview	Health Visitor clinic Drop in	1-3pm	Friday 06 September 2024 to Friday 01 November 2024
Cedars	Baby Feeding Group	12 – 2.30pm	Monday 02 September 2024 to Monday 21 October 2024
Chandos Stanmore Park	Heath Visitor Clinics	By appointment only	Dates are stated within appointment
Cedars Whitefriars Kenmore Park The Pinner Centre	Midwifery	By appointment only	Across the week
Cedars Whitefriars	CAMHS Under 5	Call to find out more	Monday, Tuesday & Wednesdays
Cedars	Children’s Sensory Team	By appointment only	Tuesdays - Term Time only
Whitefriars	Childminders Group	9.30 – 11.30am	Thursdays – Term Time Only
Various centres	Portage Harrow Horizons Compass Tutoring CAMHS	By appointment only	Dates are stated within appointment

Safeguarding is EVERYONE'S RESPONSIBILITY

If you are concerned about a child call
020 8901 2690 on weekends or after 5pm call
020 8424 0999

Domestic Abuse Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number 020 8901 2690 or the DA helpline on 020 8907 8148 24 hrs 0808 2000 247 Stay safe!

CALLING ALL PARENTS & YOUNG PEOPLE

If you are interested in volunteering, becoming a parent / Young person's ambassador, creating the newsletter or sharing your views please contact 020 736 6222 & ask for more information about opportunities in Harrow Early Support & Family Hubs