

# FAMILY HUB NETWORK

# Timetable

Early Help

Family Hubs

0 – 19 / 25 years

Small Steps, Lasting Change

24 February – 17 April 2025

Cedars Hub

020 8736 6222

Hillview Hub

020 8422 4692

Wealdstone Hub

020 8416 8667



Early Support is a free service available to all those living in Harrow. (Including NRPF)  
Early Support groups are drop in unless stated otherwise.

Check out the timetable to see what sessions you can drop in to!

You will still need to call & book into some sessions so please do double check the timetable.

Please note numbers are limited to keep us all safe!

<b>Centres</b>	<b>Address and contact details</b>	<b>Centres</b>	<b>Address and contact details</b>
Cedars Hub	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub	2 Grange Road, South Harrow, HA2 0LW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550		
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:

[www.facebook.com/harrowcc](http://www.facebook.com/harrowcc)

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## Hub details

Prenatal – Crawlers			
Venue	Group	Time	Dates & Staffing
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	<b>Babbling Babies</b> <i>The importance of communication with baby from bump onwards</i>	Drop in any time between 9.30 – 11am	Monday 10 March 2025 Monday 17 March 2025 Monday 24 March 2025 Monday 31 March 2025 Monday 07 April 2025
	PAFT Baby Group	10 – 11am	Wednesday 05 March 2025 Wednesday 12 March 2025 Wednesday 19 March 2025 Wednesday 26 March 2025 Wednesday 02 April 2025 Wednesday 09 April 2025
<b>Chandos</b> Chandos Crescent, Edgware, HA8 6HL 020 8726 6550	Sensory Baby Group	10 – 11.30am	Tuesday 18 March 2025 Tuesday 25 March 2025 Tuesday 01 April 2025 Tuesday 08 April 2025 Tuesday 15 April 2025
<b>Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<b>Babbling Babies</b> <i>The importance of communication with baby from bump onwards</i>	Drop in any time between 1 – 3pm	Monday 24 March 2025 Monday 31 March 2025 Monday 07 April 2025 Monday 14 April 2025
	PAFT Baby Group	10 – 11.30am	Thursday 06 March 2025 Thursday 13 March 2025 Thursday 27 March 2025 Thursday 10 April 2025 Thursday 17 April 2025
<b>Stanmore Park</b> William Drive, Stanmore HA7 4FZ 020 8736 6480	PAFT baby –womb to world	10 – 11.30am	Friday 07 March 2025 Friday 14 March 2025 Friday 21 March 2025 Friday 11 April 2025
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Baby Stay and Play (birth – 18 months)	11am – 12pm	Tuesday 25 February 2025 – Tuesday 1 April 2025
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	Baby Stay and Play (birth – 18 months)	9.30 - 10.30am Or 11- 12 pm Please only attend one group	Wednesday 26 February 2025 Wednesday 5 March 2025 Wednesday 12 March 2025 Wednesday 26 March 2025 Wednesday 2 April 2025 Wednesday 9 April 2025 Wednesday 16 April 2025

Infant feeding & Weaning			
Venue			
Virtual 020 8736 6222	Weaning Workshop Call to book	12 – 1pm	Tuesday 18 March 2025
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	Weaning Party Call to book	2 – 3 PM	Wednesday 26 March 2025
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	Saturday Weaning Party Call to book	10 – 11 AM	Saturday 26 April 2025

Mixed ages (Best suited for 0 – 5 years – siblings welcome)			
Venue	Group	Time	Dates
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	Stories & Rhyme Time	1 – 2pm	Monday 10 March 2025 Monday 24 March 2025 Monday 07 April 2025
	Sensory Play & Sensory Room	1 – 2.30pm	Tuesday 04 March 2025 Tuesday 11 March 2025 – <b>no sensory room slots</b> Tuesday 18 March 2025 Tuesday 25 March 2025 – <b>no sensory room</b> Tuesday 01 April 2025 Tuesday 08 April 2025
	Learning Through Play	1.30 – 3pm	Thursday 06 March 2025 Thursday 13 March 2025 Thursday 20 March 2025 Thursday 27 March 2025 Thursday 10 April 2025 Thursday 17 April 2025
	Outdoor play – little adventurers	10.30 - 11.30am	Friday 07 March 2025 Friday 14 March 2025 Friday 21 March 2025 Friday 28 March 2025 Friday 11 April 2025

<p><b>Chandos</b> Chandos Crescent, Edgware, HA8 6HL 020 8726 6550</p>	Learning Through play	1 – 2.30pm	Monday 10 March 2025 Monday 17 March 2025 Monday 24 March 2025 Monday 31 March 2025 Monday 07 April 2025
	Story & Rhymes	10 – 11.30am	Thursday 10 April 2025 Thursday 17 April 2025
	HENRY Programme Appointment only	AM	Thursdays 23 January – 20 March 2025
Mixed ages (Best suited for 0 – 5 years – siblings welcome)			
Venue	Venue	Venue	Venue
<p><b>Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460</p>	Learning Through Play	10 – 11.30am	Wednesday 09 April 2025 Wednesday 16 April 2025
	Imagine & Play	1 – 2.30pm	Wednesday 05 March 2025 Wednesday 12 March 2025 Wednesday 19 March 2025 Wednesday 26 March 2025 Wednesday 02 April 2025 Wednesday 09 April 2025 Wednesday 16 April 2025
	Stories Come Alive	1 – 2.30pm	Thursday 06 March 2025 Thursday 13 March 2025 Thursday 27 March 2025 Thursday 03 April 2025 Thursday 10 April 2025 Thursday 17 April 2025
<p><b>Stanmore Park</b> William Drive, Stanmore HA7 4FZ 020 8736 6480</p>	PAFT Toddler Group	10 – 11.30am	Monday 17 February 2025 Monday 24 February 2025
	Imagine & Play	1.15 – 2.45pm	Tuesday 18 March 2025 Tuesday 25 March 2025 Tuesday 01 April 2025 Tuesday 08 April 2025 Tuesday 15 April 2025
	Healthy Living Stay & Play	1.15 – 2.45pm	Wednesday 12 March 2025 Wednesday 19 March 2025 <b>With Educational Psychologist</b>

			Wednesday 26 March 2025 Wednesday 02 April 2025 Wednesday 09 April 2025 Wednesday 16 April 2025
<b>Hillview</b> 2 Grange Road South Harrow HA2 0LW 020 84224692	Stories come alive	1:30 – 2:30pm	Monday 7 April 2025 Monday 14 April 2025
	Arts and crafts	10 – 11:30am	Tuesday 8 April 2025 Tuesday 15 April 2025
	Sensory play	1:30 - 2:30pm	Wednesday 26 February 2025 Wednesday 5 March 2025 Wednesday 12 March 2025 Wednesday 19 March 2025 Wednesday 2 April 2025 Wednesday 9 April 2025 Wednesday 16 April 2025
	Learning through play	10 - 11:30am	Thursday 17 February- 17 April 2025
	Saturday Sessions	10 – 11.30am	Learning through play 01 March 2025  Fathers group 22 March 2025
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	Homestart Home from Home Stay and play	10am – 12pm Or 12:30-2:30	Monday 24 February 2025 – Monday 14 April 2025 <b>03 March Educational Psychologist am</b> <b>31 March Educational Psychologist am</b>
	Stories come alive	2 – 3pm	Tuesday 8 April 2025 Tuesday 15 April 2025
	HENRY programme Appointment only	AM	Wednesday 26 February – 19 March 2025
Gange 68 Canning Road Wealdstone HA3 7SN	Stories come alive	1:30 - 2:30pm	Thursday 26 February 2025 – 17 April 2025

020 8427 0134	Arts and crafts	10-11:30am	Monday 7 April 2025 Monday 14 April 2025
	Learning Through Play	1:30-2:30pm	Tuesday 25 February 2025 - 15 April 2025
<b>Speech &amp; Language Focussed Groups - 18 months + (siblings welcome in school holidays)</b>			
<b>Venue</b>	<b>Group</b>	<b>Time</b>	<b>Dates</b>
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	TALK & Play	10 – 11am	Thursday 06 March 2025 <b>With Speech and Language Therapist</b> Thursday 13 March 2025 Thursday 20 March 2025 Thursday 27 March 2025 Thursday 03 April 2025 Thursday 10 April 2025 Thursday 17 April 2025
<b>Chandos</b> Chandos Crescent, Edgware, HA8 6HL 020 8726 6550	TALK & Play	10 – 11am	Monday 10 March 2025 <b>With Speech and Language Therapist</b> Monday 17 March 2025 Monday 24 March 2025 Monday 31 March 2025 Monday 07 April 2025
<b>Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	TALK & Play	10 – 11am	Tuesday 04 March 2025 Tuesday 11 March 2025 <b>With Speech and Language Therapist</b> Tuesday 18 March 2025 Tuesday 25 March 2025 Tuesday 01 April 2025 Tuesday 08 April 2025 Tuesday 15 April 2025
<b>Stanmore Park</b> William Drive, Stanmore HA7 4FZ 020 8736 6480	TALK & Play	10 – 11.30am	Wednesday 12 March 2025 <b>With Speech and Language Therapist</b> Wednesday 19 March 2025 <b>With Educational Psychologist</b> Wednesday 26 March 2025 Wednesday 02 April 2025 Wednesday 09 April 2025 Wednesday 16 April 2025

<b>Gange</b> 68 Canning Road Wealdstone	TALK & Play	9.30 – 10.30am	Friday 28 February 2025 Friday 07 March 2025 <b>With Speech and Language Therapist</b> Friday 14 March 2025 Friday 21 March 2025 Friday 28 March 2025 Friday 11 April 2025
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0 – 5 years only

Venue	Group	Time	Dates
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	Find your Voice 0 – 5 years BOOKED PLACES – CALL TO BOOK	Tuesdays 10.30 – 11.30am	Starting from 04 March 2025 for 5 weeks
<b>Kenmore Park</b> Warneford Road Kenton HA3 9HZ 020 84168400	Find your Voice 0 – 5 years BOOKED PLACES – CALL TO BOOK	Tuesdays 1.30 – 2.30pm	Starting from 04 March 2025 for 5 weeks

Special Educational Needs – Support

Venue	Group	Time	Dates
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	Sensory Room slots Birth – 5 years For children with sensory needs, children on the journey to diagnoses or have a diagnosis of SEND- Call to book a slot	1.30 – 4pm	Wednesday 19 March 2025

2-year-Old Health & Development Checks or Transitional Checks

Venue	Group	Time	Dates
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	2-year health & development check	Afternoon slots, day call to book	Monday 17 March 2025 Monday 31 March 2025



**Workshops / Parenting Advice**

Venue	Group	Time	Dates
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222	Parenting Advice session Face to Face / Virtual	1.30 – 4.30pm  8am – 12.30pm (Virtual only)	Tuesday 11 March 2025 Tuesday 25 March 2025  Tuesday 08 April 2025
	Managing challenging behaviour 3-9 years –avoiding physical chastisement	1.30 – 2.30pm	Thursday 06 March 2025
	Parenting advice Session face to face/virtual	11-3pm (virtual/face to face )	Friday 7 March 2025 Friday 21 March 2025
<b>Gange</b> Canning road HA37SN 0208 427 0134			
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	Fathers RPC Group (Bookings)	10am – 12pm	Mondays starting from Monday 24 February 2025 Monday 03 March 2025 Monday 10 March 2025 Monday 17 March 2025 Monday 24 March 2025
<b>Kenmore Park</b> Warneford road HA3 9HZ 020 84168400	Positive behaviour management 3-9 years –avoiding physical chastisement VIRTUAL	10-11:30am	Wednesday 26 March 2025

<b>Parenting advice and top tips within groups</b>				
<b>Advice</b>	<b>Venue</b>	<b>Group</b>	<b>Time</b>	<b>Date</b>
Toilet learning	Stanmore Park	Healthy living	1 – 2.30pm	Wednesday 26 February 2025
Toilet learning	Cedars	Learning through play	1,30- 3pm	Thursday 27 February 2025
Toilet Learning	Hillview	Learning through play	10 – 11:30am	Thursday 27 February 2025
Fussy eating	Gange	Stories come alive	1:30-2:30pm	Thursday 27 March 2025
Fussy eating	Hillview	Learning through play	10-11:30am	Thursday 27 March 2025
Oral Health	Chandos	Learning through play	1-2.30pm	Monday 10 March 2025
Oral Health	Cedars	Baby group	10 – 11am	Wednesday 12 March 2025
Mealtime Advice	Chandos	Stay & Play small world	10- 11.30am	Monday 24 March 2025
Mealtime Advice	Pinner centre	Imagine and Play	1 – 2.30pm	Wednesday 26 March 2025
Oral Health	Kenmore park	Sensory play	10-11am	Thursday 13 March 2025
Oral Health	Hillview	Learning through play	10-11:30am	Thursday 13 March 2025
Oral Health	Gange	Learning through play	1:30 - 2:30pm	Tuesday 11 February 2025

Partner Delivery			
Venue	Group	Time	Dates
Kenmore Park	Homestart Stay and play (0-4) See timetable	10-12pm Or 12:30-2:30	Mondays
Kenmore Park	Health Visitor clinic	9.30 - 11.30	Tuesdays
Kenmore Park	Health Visitor (bookings)	1 – 4pm	Tuesdays
Gange	Health Visitor ASQ clinic (bookings)	9 – 3pm	Wednesdays
Hillview	Portage bookings	1-2pm	Thursdays
Kenmore Park	Immunization clinic (bookings)	9 – 12pm	Thursdays
Kenmore Park	Immunization clinic (bookings)	9 – 3:30pm	Fridays
Hillview	Blossom Baby Massage (bookings)	1-2.30pm	Fridays
Hillview	Health Clinic Drop in	1 – 3pm	Fridays
Hillview	Blossom Antenatal (bookings)	1 –3pm	Fridays
Cedars	Health Visitors Clinic	9.30 – 11.30am	Thursdays
Cedars	Baby Feeding Group	10am – 1pm	Wednesdays
Chandos Stanmore Park Pinner Centre	Health Visitor Clinics	By appointment only	Dates are stated within appointment
Cedars Whitefriars Kenmore Park The Pinner Centre	Midwifery	By appointment only	Across the week
Cedars Whitefriars	CAMHS Under 5	Call to find out more	Wednesdays Mondays
Cedars	Children’s Sensory Team	By appointment only	Tuesdays - Term Time only
Gange	Childminders Group	9.30 – 11.30am	Thursdays – Term Time Only
Various centres	Portage Harrow Horizons Compass Tutoring CAMHS	By appointment only	Dates are stated within appointment

# Safe guarding is

EVERYONE'S RESPONSIBILITY

If you are concerned about a child call  
**020 8901 2690** on weekends or after 5pm call  
**020 8424 0999**

If you are feeling unsafe or are experiencing domestic violence you can  
seek support by calling the Golden Number **020 8901 2690**  
or the DA helpline on  
020 8907 8148  
24 hrs 0808 2000 247  
Stay safe!

## CALLING ALL PARENTS & YOUNG PEOPLE

If you are interested in volunteering, becoming a parent / Young person's  
ambassador, creating the newsletter, or sharing your views please contact  
020 736 6222 & ask for more information about opportunities in Harrow  
Early Support & Family Hubs